

Charlestown South PS Canteen Menu 2022

<p><u>Sandwiches</u></p> <p>Cheese \$2.00</p> <p>Cheese & tomato \$2.20</p> <p>Cheese & ham \$2.50</p> <p>Cheese, ham & tomato \$2.70</p> <p>Egg & lettuce & mayo \$2.20</p> <p>Chicken \$3.00</p> <p>Ham \$2.00</p> <p>Toasted sandwich (extra) \$0.20</p> <p>*Gluten Free bread is available upon request</p> <p><u>Wraps</u></p> <p>Chicken Tender \$5.00</p> <p>with tomato, carrot, lettuce, cheese & mayo</p> <p>add an extra Chicken Tender for \$1.00 more</p> <p>Ham, tuna or \$4.00</p> <p>diced chicken breast</p> <p>with tomato, carrot, lettuce, cheese, cucumber & mayo</p> <p><u>Chicken Burger</u> \$5.00</p> <p>Chicken Tender, with tomato, carrot, lettuce, cheese, mayo</p> <p>add an extra Chicken Tender for \$1.00 more</p> <p><u>Extra Fillings</u> \$0.20</p> <p><u>Snack Box</u> \$4.00</p> <p>Contains cherry tomatoes, cucumber sticks,</p> <p>Carrot sticks, ham, cubed cheese and crackers.</p>	<p><u>Hot Food</u></p> <p>Lean Beef Party Pies \$2.00</p> <p>Lean Beef Sausage Rolls \$2.20</p> <p>Pizza - \$2.50</p> <p>Cheese & Bacon or Ham & Pineapple</p> <p>Twista Pasta \$3.50</p> <p>Macaroni & Cheese pasta \$3.50</p> <p>Gluten Free Chicken Nuggets -</p> <p style="padding-left: 40px;">3 pack \$1.50</p> <p style="padding-left: 40px;">6 pack \$3.00</p> <p>Chicken Chippies -</p> <p style="padding-left: 40px;">3 pack \$1.50</p> <p style="padding-left: 40px;">6 pack \$3.00</p> <p><u>Extras</u></p> <p>Tomato or BBQ sauce \$0.30</p> <p><u>Drinks</u></p> <p>Juice - orange, tropical, apple \$1.50</p> <p>Milk - chocolate, strawberry \$1.50</p> <p>Water \$1.00</p>	<p><u>Snacks</u></p> <p>Popcorn \$0.50</p> <p>Low fat Muffin - \$2.00</p> <p>blueberry, apple cinnamon</p> <p>Sea salt flavoured chips \$1.00</p> <p>Grain Waves \$1.00</p> <p><u>Fruit & Vegie Cups</u> \$2.00</p> <p>Fruit cups contain seasonal fruit (eg. grapes, watermelon, berries) but will vary depending on fruit price and availability.</p> <p>Vegie cups contain carrot, cucumber and capsicum sticks.</p> <p><u>Ice Blocks</u></p> <p>Juiceys wild berry, orange, lemonade, tropical \$1.50</p> <p>Frozen yogurt \$1.50</p> <p>-strawberry, mango, choc banana</p> <p>Lite Vanilla Ice Cream cups \$1.00</p> <p>Please order at the canteen before 8.55am on Thursday and Friday morning. We would appreciate if you could have exact money as change is limited. Thank you.</p>
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